## Tides, Sunrise and Sunset for Nisqually Delta, January 2016

High Tide

Low Tide

	Height-Time			Height-Time			Height-Time			Heigh	t-Time	Sun Rise and Set	General Information
1-Jan L	3'1"	3:44AM	Н	14'1"	10:39AM	L	4'4"	5:46PM	Н	9'1"	11:01PM	07:56-04:31	
2-Jan L	4'6"	4:34AM	Н	13'9"	11:20AM	L	3'6"	6:40PM	-	-	-	07:56-04:32	Tides 10 feet or below
3-Jan H	9'2"	12:35AM	L	5'10"	5:34AM	Н	13'5"	12:03PM	L	2'8"	7:29PM	07:56-04:33	Lots of mud visible. Good for
4-Jan H	9'11"	2:14AM	L	6'11"	6:48AM	Н	13'2"	12:46PM	L	1'8"	8:12PM	07:56-04:34	herons, shorebirds, and
5-Jan H	10'11"	3:30AM	L	7'7"	8:05AM	Н	13'0"	1:29PM	L	0'9"	8:50PM	07:56-04:35	dabbling ducks.
6-Jan H	12'0"	4:21AM	L	7'10"	9:11AM	Н	13'0"	2:10PM	L	-0'0"	9:27PM	07:56-04:36	
7-Jan H	12'10"	4:59AM	L	7'11"	10:02AM	Н	13'0"	2:50PM	L	-0'9"	10:03PM	07:56-04:37	Tide 10-11 feet
8-Jan H	13'6"	5:32AM	L	7'11"	10:46AM	Н	13'0"	3:30PM	L	-1'5"	10:41PM	07:55-04:38	Tides are covering most of the
9-Jan H	14'1"	6:02AM	L	7'8"	11:26AM	Н	13'1"	4:10PM	L	-1'10"	11:19PM	07:55-04:39	mudflats around the boardwalk.
10-Jan H	14'7"	6:32AM	L	7'4"	12:06PM	Н	13'1"	4:53PM	L	-2'0"	11:59PM	07:55-04:41	Water level is good for
11-Jan H	15'0"	7:05AM	L	6'10"	12:47PM	Н	13'0"	5:39PM	-	-	-	07:54-04:42	dabbling ducks.
12-Jan L	-1'10"	12:41AM	Н	15'3"	7:39AM	L	6'3"	1:33PM	Н	12'8"	6:29PM	07:54-04:43	
13-Jan L	-1'4"	1:23AM	Н	15'5"	8:16AM	L	5'6"	2:21PM	Н	12'2"	7:24PM	07:53-04:44	Tides 11-13 feet
14-Jan L	-0'4"	2:08AM	Н	15'6"	8:55AM	L	4'8"	3:14PM	Н	11'6"	8:27PM	07:53-04:46	Some woody debris still visible
15-Jan L	1'0"	2:54AM	Н	15'5"	9:36AM	L	3'9"	4:11PM	Н	10'9"	9:38PM	07:52-04:47	on the mudflat but water
16-Jan L	2'7"	3:45AM	Н	15'3"	10:20AM	L	2'9"	5:12PM	Н	10'4"	11:03PM	07:52-04:48	deeper. Better for diving ducks
17-Jan L	4'4"	4:44AM	Н	14'11"	11:08AM	L	1'9"	6:16PM	-	-	-	07:51-04:50	and seabirds.
18-Jan H	10'6"	12:44AM	L	5'11"	5:55AM	Н	14'6"	11:59AM	L	0'9"	7:18PM	07:50-04:51	
19-Jan H	11'4"	2:27AM	L	6'11"	7:19AM	Н	14'3"	12:53PM	L	-0'2"	8:15PM	07:49-04:53	Tides 13 feet and up
20-Jan H	12'6"	3:45AM	L	7'4"	8:41AM	Н	13'11"	1:48PM	L	-0'11"	9:06PM	07:49-04:54	Lots of water around the
21-Jan H	13'6"	4:41AM	L	7'4"	9:50AM	Н	13'9"	2:41PM	L	-1'4"	9:54PM	07:48-04:56	boardwalk.
22-Jan H	14'3"	5:25AM	L	7'1"	10:46AM	Н	13'6"	3:32PM	L	-1'7"	10:37PM	07:47-04:57	Good for diving birds.
23-Jan H	14'7"	6:03AM	L	6'9"	11:35AM	Н	13'3"	4:20PM	L	-1'5"	11:18PM	07:46-04:59	
24-Jan H	14'9"	6:36AM	L	6'4"	12:18PM	Н	12'10"	5:06PM	L	-1'1"	11:57PM	07:45-05:00	
25-Jan H	14'10"	7:06AM	L	5'11"	12:59PM	Н	12'6"	5:52PM	-	-	-	07:44-05:01	
26-Jan L	-0'6"	12:35AM	Н	14'9"	7:34AM	L	5'6"	1:38PM	Н	12'0"	6:37PM	07:43-05:03	NOTE: Tide conditions can vary
27-Jan L	0'3"	1:13AM	Н	14'8"	8:02AM	L	5'0"	2:18PM	Н	11'5"	7:25PM	07:42-05:04	depending on weather
28-Jan L	1'3"	1:50AM	Н	14'6"	8:33AM	L	4'6"	2:59PM	Н	10'11"	8:16PM	07:41-05:06	conditions.
29-Jan L	2'5"	2:28AM	Н	14'3"	9:05AM	L	4'1"	3:43PM	Н	10'4"	9:12PM	07:39-05:08	
30-Jan L	3'9"	3:07AM		13'10"	9:41AM	L	3'7"	4:30PM	Н	9'11"	10:17PM	07:38-05:09	
31-Jan L	5'1"	3:51AM	Н	13'5"	10:20AM	L	3'1"	5:22PM	Н	9'9"	11:37PM	07:37-05:11	

This information can be found at http://www.protides.com/washington